



Little Hill Primary School

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Part of the OWLS Academy Trust

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Dear Parent/Carer

Year 3 – RSE – Healthier and Safer Lifestyles

As part of the School's Science and PSHE programmes of study, your child is soon to receive Relationship Education lessons. These lessons build upon previously learnt knowledge in Year 2.

In the summer term, we will be moving onto the next stage of the curriculum to cover the following areas:

- discussing the scientific terms and explain which parts are male and which are female (penis, testicles, breast and vagina)
- discussing familiar hygiene routines and understand the reasons for doing these things including puberty
- be able to anticipate new responsibilities for their personal hygiene
- be able to explain how common illnesses are spread and be able to describe how they can prevent the spread of one such illness.

If young people have good information, confidence and knowledge to understand healthier and safer lifestyles, they will hopefully grow into confident and healthy adults who are able to keep themselves safe. This can start with furthering their knowledge at school and these sessions may reinforce what you are already doing at home.

As with all areas of the curriculum, teachers aim to answer children's questions in a frank and honest manner and are best placed to decide at what level any discussion should be aimed for the class as a whole, small groups or the individual

Please feel free to discuss any concerns with us, at the end of school today.

Kind regards,

E Tangen

K Clarke

Ms Tangen

Mrs Clark

Year 3 Class Teachers

