



Little Hill Primary School

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Part of the OWLS Academy Trust

5th October 2020

Dear Parent/Carer

Year 6 Girls' Menstruation Lesson

As part of the school's Science, PSHE and RSE programmes of study, when your child was in Year 5 they were timetabled to have a taught session, for girls, on 'an introduction to menstruation'. However, due to the lockdown measures before the summer, this did not take place.

Later on in the academic year, each Year 6 child will be part of a series of lessons regarding relationship and sex education. However, we don't want to wait until the summer before they learn about menstruation (at a Year 6 level) as we want each girl to be as prepared and well-informed as possible considering changes they are either currently going through, or will do in the near future. **Therefore, we have timetabled to teach a Year 5 lesson regarding 'an introduction to menstruation' to the girls in our classes on Tuesday 13th October, 2020.**

In the session, we expect all children to follow these rules.

- It is OK to have fun and laugh;
- **Not OK to laugh at anyone else.**

- It is OK to have discussions;
- **Not OK to talk about what happens at home.**

- It is OK to ask questions;
- **Not OK to ask each other or staff personal questions.**

- It is OK to talk to an adult at home about what you have been learning;
- **Not OK to share learning with younger children.**

Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of the statutory RSE. There is no right to withdraw from Relationships Education or Health Education. The Relationships Education, RSE, and Health Education (England) Regulations 2019 have made Relationships Education compulsory in all primary schools. If your child is in school and you wish to withdraw them from this session planned on Tuesday 13th October, please contact Mrs Cartledge-Splitt via the office email address (before Monday 12th October) so that appropriate arrangements can be made.

Please feel free to contact either of us to discuss any concerns or queries.

Kind regards,

Mr S. Williams
Acting Deputy Headteacher

Miss Holt
Class Teacher

